It is with extreme satisfaction and gratitude that I write this testimonial about my experience with the Plastic Surgery Institute & Spa under the care of Dr. Adil Ceydeli M.D., M.S.

Dr. Ceydeli and his entire staff made me feel secure, confident and comfortable both before and after my surgery. They totally answered all my questions (and there were many) with the utmost professionalism, compassion, and patience.

My decision to have breast reduction surgery began a year ago. I felt that my breast was interfering not only physically but also psychologically in my everyday life. I decided to see several doctors for a consultation to determine whether surgery was the best choice not only for myself but also for my health. When I first meet Dr. Ceydeli, I immediately felt very comfortable during conversation, and also he exhibited a great professional demeanor and with such confidence in his work. A person who really cares about the individual that is about to have a life altering event. That made me feel extremely safe.

Finally, the day of surgery arrived. I was nervous and excited all at the same time. When I walked into the Panama City Surgery Center, I was welcomed by the nurse who was very understanding, who knew what I was feeling and she really clamed me down. I also met the anesthesiologist. Dr. Ceydeli greeted me before the surgery and made me feel at ease. When my surgery was finished I didn't feel pain = only a little discomfort - which I knew was normal because of the anesthesia. The nurse after my surgery was extremely compassionate.

Words can't express how I feel after my surgery both physically and psychologically. I was a double D before my surgery and now I am a full C, which is just perfect for my figure. Dr. Cyedeli performed an excellent job by matching my breast size to my body type. I recommend Dr. Adil Cyedeli to all who share with the same concerns or problems that I encountered, because he is an experienced, compassionate, highly knowledgeable and very straight forward person, not only as a physician, but also as a kind human being.

I never imagined having this type of surgery, but if I had to have surgery again, I certainly would come back to the Plastic Surgery Institute & Spa. Dr. Cyedeli has hands of gold!

I Thank the Lord, for guiding me to Dr. Adil Cyedeli! He has completely changed my life. I feel "alive!" His genuine concern for the well-being of others and support made me very optimistic, gave me confidence!

Last and most importantly, Dr. Adil Cyedeli is trustworthy. Trust is a character trait that money cannot buy. He can be trusted to put the best interest of his patients above his own gain. When you're sprawled on the operating table so "out of it" on anesthesia that you don't know your own name, you can rest assured that you've put your life and well-being in the hands of someone who has your best interest at heart; someone who will not abuse that privilege. He is a man of great integrity, and I hold him in highest esteem.

Oh, by the way, did I tell you that I'm Deliriously Happy with the results of my surgery.

Millie, Extremely Happy Client!