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Fat Transfer Face Lift (Volumetric Facelift)

This revolutionary technique provides a means for restoring a youthful facial appearance that cannot be accomplished by means of traditional facial cosmetic surgery techniques, which have in the past, focused primarily on skin excision for the purpose of 'tightening' facial features.

A traditional Facelift can improve the most visible signs of aging by removing excess fat, tightening underlying muscles, and redraping the skin of your face and neck for a younger appearance. Lifting skin and trimming the excess has been the standard approach to the treatment of

facial aging for centuries, but when performed without some means of restoring the youthful fullness of facial soft tissues, *the result is an older-looking person with tighter skin.* The word 'rejuvenation' means literally 'to restore youthfulness' or 'to make young again', so if the goal of surgery is to rejuvenate the face then it cannot be accomplished solely by means of redraping the

skin and removing the excess.

Fat Transfer

(grafting) is a powerful tool for correcting the gradual loss of facial soft tissue volume. The two major causes of facial aging are sagging and deflation. The sagging is corrected by the facelift,



Before



After- Fat transfer face lift and laser resurfacing around mouth.



Before



After- Fat transfer facelift and Valentine mouth rejuvenation (corner of the mouth/lip lift, Juvaderm to lips and Perioral Laser resurfacing).

and fat grafting is performed on patients to address the deflation. Fat grafting replaces the fat that has been lost with age to create the most natural and realistically youthful look possible. Facial fat grafting is an exciting minimally invasive rejuvenation procedure which allows plastic surgeons to sculpt and restore the face to its natural youthful beauty.

Fat grafting should be a key component of almost every major facial rejuvenation surgery that is performed. It should in fact be the very first part of the surgical procedure for patients undergoing a full facial rejuvenation surgery.

One guiding principle of reconstructive plastic surgery is short and simple: "Replace like with like." Specifically, where tissue is missing, restore the defect with the same tissue whenever possible. If bone is missing, use a bone graft. If muscle is missing, use a muscle flap. So if fat is missing, the ideal solution is obvious.

The process is actually quite straightforward: fat is harvested from the abdomen, thighs, hips or buttocks using specially-designed instruments and a specialized technique, processed (by centrifugation, which eliminates all components of the harvested material which are not viable fat), and meticulously introduced into the facial areas to be enhanced using a second, smaller set of fat transfer cannulas. Fat Transfer Face Lift does not require an operating room, deep sedation or anesthesia - it can be performed in the office procedure room under local anesthesia and oral sedation.

Fat Grafting is also used for Facial Reshaping and as a Injectable Filler

Facial Reshaping uses minimally invasive methods and requires minimal downtime. Fat is extracted and then specially processed in the room before it is injected deep within the structures of the face to accentuate the cheekbones, lips, cheeks, chin, nose, temples and jawline to reshape the face.

By using this minimally invasive technique, the

patient's face can be reshaped without the prolonged downtime associated with more invasive techniques. In fact, facial reshaping has been used along with rhinoplasty (nose surgery) and other facial procedures to create better results. Patients who have facial reshaping get a double benefit; a better-shaped face and stem cells, which help correct skin and other conditions.

Fat as an Injectable Filler

Body fat is an excellent and a natural source as a soft tissue filler material. Fat injected into the face, will correct problems with skin pigmentation, texture, pore size, wrinkles, loss of facial volume, and other aging effects. Fat grafting gives the surgeon the ability to provide a minimally invasive, quick recovery solution for some of the earliest signs of facial aging, in many patients long before they could or should consider a more involved (and much longer recovery) procedure like a facelift.



At the Plastic Surgery Institute & Spa, Dr. Ceydeli & Dr. Doung believe in total facial rejuvenation to maintain the natural and beautiful harmony of the face, and that is why one or more adjunctive procedures commonly accompany their facelifts to boost the outcome to a higher level of excellence. Their innovation and experience, combined with the most up-to-date proven techniques, give the results that far exceed those anticipated from mere traditional facelifts.

The little extra procedures they choose to combine with a facelift make a world of difference. These extra procedures prevent the "tight, done look" which happens with traditional facelift jobs. These expanded facelifts may become more tedious and time consuming, but they are far more beneficial, and much longer lasting.

Their twenty first century facelifts include turning up the corners of the mouth with a Valentine Anguloplasty, and creating facial fullness through Fat Transfer procedures. They commonly sculpt the fatty tissue of the face, and sometimes custom design facial implants when needed for the best result. Other times fat or another suitable filler smooth out depressions. Their state of the art facelift technique elevates the entire cheek and the lower lids along with the face tissues to further refresh the eyes, and restore their youthful contour and tilt.